



On June 15 and 16, 2024, we had the pleasure of welcoming Yves GALLEY again for his 12th Gasshuku at the O Sugi Dojo de la Mulatière. All the Lyon practitioners were on deck (except the sick and injured, Marie-Pierre and François, we thought of you!), and those who were really stuck by their professional obligations. And we also had the pleasure of welcoming Christian and Nadine, who came from Bourg-en-Bresse, as well as Candice and Caroline, who came from Grenoble.

As usual, the first class on Saturday morning was devoted to Kenjutsu, and we had support from the laido section of La Mulatière, since Dominique Andlauer and his students came up to join us after their laido class. We worked together on a series of educational courses on the notion of kiri-otoshi, then the three kata of Kenjutsu where we find this entry, Jyu, Chibaraï and Sarin. And as we had a little time left, Yves suggested that we work on Inshu and Myukidomé

The honorable swordsmen having left us, we then moved on to Jodo, and this time, Yves decided to change things and start by learning new kata for those who were concerned. Among the SMRJL practitioners, Thierry (Pikachu) saw Sakan, Cécile, Haraidome, Carlos, Hozomichi no Kage and Pierrick, Min Jin Zen. Without forgetting Caroline (also Sakan) and Candice (Kasumi). And until the lunch break, everyone who had received new kata worked on them, the more advanced among them also serving as Uchidachi (with the help of Pierrick and Nathalie). Meanwhile, the middle group was working on Ran-Aï.

We stopped at 1 p.m. for the traditional picnic, we were lucky because it threatened to rain in the morning (the more observant will have noticed the dark end-of-the-world atmosphere in the group

photo, in reality it wasn't quite that but we must admit that it didn't make us want to go out!) and a ray of sunshine arrived at just the right time!



So we took advantage of it...before getting back into harness at 3 p.m.

We divided ourselves again into two groups, on one side the practitioners who were in omote (with the advanced ones to serve as Uchidachi), on the other side the middle group which continued on Ran-Aï as in the morning

A second session of new kata followed, Thierry and Caroline learned Ukan, Candice, Monumi and Cécile, Seigan

A little break...



Then the end of the afternoon was then devoted to repeating and deepening the first four Kenjutsu kata, before closing the day with Kihon Tandoku.

In the evening, almost everyone gathered as usual at Yves and Nathalie's house, and Eliane had prepared Neapolitan lasagna, just like her Mamma! Well, too bad, there were no photos, but also no one let go of the fork.....

And this is how we found ourselves in great shape at 9 a.m. on Sunday morning for the last half-day of this course: we first took up the Kihon Tandoku (focusing more particularly on the work of Honte-uchi) then the Kihon Sôtai, and we then spent a long time explaining and detailing Kasari.

Then, the oldest took the Ken and served as Uchidachi to the other practitioners. Initially we worked on Omote, then we moved on to Chudan (and as we had lost our Grenobloises, who left the evening before, Thierry found himself all alone in Omote!)

At the end of the morning, Yves set aside time to practice the Ura series from Jutte with Nathalie, and to finish in style he asked each practitioner to demonstrate a kata of their choice.

And then.... It was the end of this gasshuku, we of course ate together (we had to finish the leftovers!), and then everyone went their separate ways. A big thank you to Yves for his teaching, his energy and the attention he paid to each of us throughout the weekend, and thank you also to all the practitioners in Lyon who got involved in this course, who did the cooking, the shopping, the registrations, who hosted the friends...

And I say that every year, but I don't see anything changing! So, see you next year?