



JODO Shinto Muso Ryu



16th spring gasshuku in Fribourg (CH)

3rd-4th mai 2025

For the 16th course in Fribourg, the usual participants were there. The group from Lyon, who always come in force, Gezei and Endre from Hungary, and Patrick, who came to lend us a hand, Paul from the Massy group, and this year newcomers from Grenoble (Seb and Thibi, whom we hope to see again now that they have the code), not to mention practitioners from Neuchâtel, Zurich, Yverdon, Montreux (Michel, always faithful to the cause), and Geneva (with Jean-Louis, who has become a pillar of the institution).



As every year, the training took place in a serious but relaxed manner. Important points such as shisei, mainly during the starting kamae, were studied in particular detail. Séverin and Bénédicte demonstrate its importance to us.



This year, Céline had planned a surprise to celebrate myth birthday (you can fill in the blank). Each participant had brought a small gift for me. I was very touched, more than I can express. Thank you all.



But I think the Fribourg course wouldn't be the Fribourg course without the traditional Saturday evening fondue. And this year, like every other year, it was particularly delicious.

Thank you all for being so loyal to the Fribourg training course, thank you for your hard work, thank you for the lighter moments around the fondue pot, thank you for everything.

See you very soon

Yves