

## 25<sup>th</sup> and final JODO Summer Gasshuku in Würzburg



This year, our 25<sup>th</sup> Jodo Gasshuku took place in Würzburg for the last time. Due to organizational issues on the part of the city, we are unfortunately no longer able to organize a Gasshuku there.

However, this tradition will not die out; our 26<sup>th</sup> Gasshuku will take place in Ravensburg on Lake Constance.

Once again, numerous participants from a wide variety of countries took part. The theme of this Gasshuku was SHISEI. SHISEI could be described as the unity of physical and mental posture. Even when learning the Kihon, it is essential to pay attention to the correct posture. Here are two examples that demonstrate a successful SHISEI.



As usual, we went to the Schützenhof restaurant on Saturday evening, where we were able to bid farewell to the city with a magnificent view over Würzburg.

I would also like to mention that our new member Romain Schwarz from France achieved his 3<sup>rd</sup> Kyu. Congratulations!

Finally, a big thank you to Franz and his helpers who have prepared breakfast for us for 25 years. We will miss you.