

Dear Friends,

You are hereby cordially invited to the **10th Central Shinto Muso Ryu Jodo Stage** by Fred Quant from 28 to 30 May 2010.

For the 10th time Fred Quant, Gomokuroku, Shinto Muso Ryu Jodo, will lead a Central Jodo stage in the Netherlands.

The stage will take place in the weekend of **Friday 28 to Sunday 30 May**. Training sessions will be held in Amsterdam and Almere. On Saturday 29 May, the training is open for beginners and all who want to try Shinto Muso Ryu Jo.

Schedule

Fri 28 May 1900-2100 Shin-ShinBuKen Dojo Amsterdam

Sat 29 May 1000-1700 Sporthal Waterwijk Almere (including Exams, if proposed by the teacher)

Sun 30 May 0900-1200 Shin-ShinBuKen Dojo Amsterdam (only Yudansha)

Costs

The entire stage costs € 30, which includes lunches on Saturday and Sunday. For those who will attend the stage for one day only, the costs are € 20.

It is possible to sleep in the dojo in Amsterdam. The extra charges are € 5 per night, including breakfast.

The meals on Friday and Saturday night are not included.

Registration

To register for the stage, please send an email to: jschwerzel@gmail.com. State in your email how many days you will attend and whether you will sleep in the dojo.

Point of Contact

For other questions or information, please contact us at:
0031 6 343 39 540

Addresses

Shin-ShinBuKen Dojo
Lodewijk van Deyssestraat 107
1064 HV Amsterdam

Sporthal Waterwijk
Ijsselmeerweg 48
1316RK Almere

Best wishes,
Jeffrey & the Shin-ShinBuKen Dojo