8th Spring gasshuku in Fribourg (CH)

Saturday 18th and Sunday 19th of April 2015



The eighth spring gassuku in Fribourg took place during the week end of 18th and 19th of april 2015 and during it, 24 jodo

practitionners worked intensively the different parts of Shinto Muso ryu. The Bushido Club of Fribourg (Séverin, Jean-Jérôme, Claude et Sasha and myself,) welcomed with great pleasure people from Montreux, Genève, Sion, Zürich, Bâle, Lyon, Mâcon and Germany.



Through the 10 hours of training, we put the emphasis on how to move and the Shisei. Those concepts were first trained in the kihon sotai and then jodokas tried to transfer them in the different series of katas. On the photo, we can see our president Barbara and Claude presenting a quite good shisei.

As Michel Ducret (Menkyo kaiden) attended the gasshuku, he took the opportunity to introduce Jean-Jérôme to Okuden. Congratulations to him.



Some people have examination, which they passed successfully:

Wagan Danyelan from dojo Shûrikosei of Sion (5th kyu), Sasha Odin from Bushido Club of

Fribourg (5th kyu), Véronique Daniels from Joshin Dojo of Bâle (4th kyu) and Claude Dupasquier from Bushido Club of Fribourg (2th kyu).

The evening started with wine tasting, traditionnally brought by Jean-Jérôme. It continued (traditionnally as well!) with the fondue moitié-moité,





A big thank to all participants. Thank you to Severin for his help in the organization, and special thank to Chantal for the wonderful lunch, and for the rest.

See you next year

Yves Galley