



## Seminar under the direction of

## Sergio Dieci SMR Menkyo-kaiden

## November 25-26, 2017

Dieci Sensei is one of the most competent European Jodo experts, as a student of Pascal Krieger Shihan, Jodo pionieer in Europe. He received his Menkyo-kaiden, the highest teaching certificate of the Shinto Muso-ryu tradition in 2011, after over 30 years of assiduous and committed practice. He is an expert in Shodo (Japanese calligraphy) and has also practiced Kyudo, Iaido and Jujutsu.



## Summary of the seminar

Sergio Dieci Sensei, SMR Menkyo-kaiden, gave a seminar in the Milano area on November 25-26, 2017, upon invitation by Seiryukai Dôjô. This is the descendant of the first ever SMR group in Italy, Jôdôkai Milano, started in 1998. Currently, with the crucial help of Mario Saitto, *Okuiri-shô*, I am leading one weekly class in Milano on Wednesdays and another in Monza on Tuesdays.

Twenty-two practitioners from all the five training groups currently active in Italy participated: Milano/Monza, Roma, Padova, Foligno and Udine. All the Italian  $ry\hat{u}$  members (and above) attended: Daniele Romanazzi, *Okuiri-shô*; Maria Rosa Valluzzi, *Shô-mokuroku*; Mario and myself. In addition, we had the pleasure to welcome two young *judôka* (seen in white *keikogi* in the photo above) who got prepared through a series of four introductory classes held in the weekends preceding the seminar.



The training was quite varied and included *Kihôn tandoku* and *sôtai*, various kinds of *uchikomi* (including some of Sergio's all-time classics, such as *Maki otoshi*), and *kata*. In addition to *jôjutsu*, also *kenjutsu* and *tanjôjutsu* elements were proposed. We also reserved some time for the seniors to review some *juttejutsu*, as well as *Okuden*.

Sergio's teaching was intriguing and rich in details as usual, and left time for personal experience. Apart from the specific time slots reserved for the seniors, the training formula allowed us to mix up and feel the

family reunion, also while crossing weapons. As a final gift, on Sunday morning, Sergio dedicated five minutes of paired practice with him to each and everyone.

Needless to say, even if training time during the weekend exceeded nine good hours, we all felt eager to continue on some more...

I am very grateful to all the participants, starting with those that came from afar, and especially to my fellow group leaders and teachers for bringing in a lot of enthusiasm, as always. Also, I would like to express gratitude to my Aikidô students of the Ryû-no-Ibuki Dôjô because, thanks to their willingness, we could host conveniently all those that needed lodging.



Last, I would like to thank one of them, Edio Bison, who took great photos on Saturday. From one of his shots you will certainly appreciate Sergio's great shape... especially when menaced by a fast-travelling coarsely-edged blade!

Lorenzo Trainelli, Gô-mokuroku