



For the seventh time in the row, Yves GALLEY came for a jodo training at O Sugi Dojo, at La Mulatière, in the suburb of Lyon, on June 24th & 25th 2017. Almost all Lyon students were up, as well as others from Switzerland and other place from France (Clermont-Ferrand, Mâcon, Montreux, Neuchâtel...). Together with O Sugi Dojo fencers who came to join us on Saturday morning, it was quite a nice group.....

Training began on Saturday morning at 10:00 am with a Kenjutsu lesson during which Yves insisted on Etsu notion. Then we worked on Ken Jutsu serie, and on that occasion, some students, not very self-confident about their own katas, had the opportunity to study with new partners and became thus more self-assured.

When we stopped at 01:00 pm, it started to be quite hot (it was scorching heat time in Lyon !) and we found a little shadow for our picnic lunch. We started once again and worked until 06:00 pm (with more frequent breaks to keep spirits up and a good moisturizing level). We started with a thoroughly review of Kihon Sotai, insisting on accuracy of cuts (Uchidachi must attack where Shidachi is, and not deeper !).

Then, we went on with katas : as all students had finished the 1st serie, Yves decided to start with Chudan, and it was the opportunity for Marie-Pierre to begin the serie. While Eliane was discovering Ichiriki & Midaridome, all the others worked on the whole serie (always keeping in mind the accuracy of attacks, for targets as well as for timing).

To end, while Charles was going on with Kage and studied Tsubawari and Tsuki-Zue, all the others took their tanjo to study the first katas of the serie.

In the evening, everybody met by Yves and Nathalie's. Eliane prepared a "parmigiana", Yves grilled meat, and the storm was kind enough to wait for the end of our barbecue to break, that allowed all of us to eat outside and to enjoy a little fresh air. As usually, there also were cooking exchanges (solid & liquid) and we spent a very nice evening.

The day after, we met at 09:00 am, for a work on Kihon Tandoku, and were more or less recovered from the heat we had the day before. Then less ahead students worked on the first serie while Yves dedicated his time to advanced ones with a work on Ran-Ai. The end of morning was dedicated to Kage, allowing Carlos to go ahead and to learn Monumi, while the others students came back to katas studied the day before in Chudan.

Then... it was the end ! A last picnic lunch (to finish leftovers !) And everyone came back home.... I just want to thank all Lyon students involved in this training, those who cooked, those who did shopping, registration, those who lodged friends..... and who contributed to make a successful training, even if, unfortunately, we 've been less than expected.

Longing for next year !