



Russian branch European  
Judo Federation  
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Kazan



04-06 October 2019 in the Kazan, Republic of Tatarstan (as part of the Russia) 30 people from 4 cities (Saint-Petersburg, Kazan, Zelenodolsk, Almetyevsk, Yerevan (Armenia) gathered for practice SMR Jodo FEJ.

We practiced Kihon Tandoku, Kihon Sotai, Suigetsu, Shamen, Tsukidzoe, Monomi for 3 days. More experienced people practiced Omote.

