



Russian branch European
Judo Federation
www.jodo-smr.ru

Smolensk



On the first weekends of November (1-3 of November 2019), SMR jodo practice was organized in Smolensk. This city is 720 kilometers from St. Petersburg and 400 kilometers from Moscow. This is one of the oldest cities in Russia with a rich history.

The city has a source of the Dnepr River. This time there was a small group of 14 people from the cities: Smolensk, Moscow, Roslavl. Here we can practice in detail both Kihon and Omote forms, as well as Chudan. There is an active group here, and many of the SMR JODO family who knows Alexei and Olesya (they were at a summer school in Lyon and Pisa).

We have been friends for a long time and have worked hard to develop BUDO. In February 2019, we celebrated 20 years of cooperation.

Andrei Marenkov

