



On June 20<sup>th</sup> & 21<sup>st</sup> 2019, Yves Galley for the 9<sup>th</sup> consecutive year, came for a Jodo Seminar, at the O Sugi Dojo, La Mulatière, in the suburb of Lyon. For this meeting that cannot be overlooked now, almost all students from Lyon were on the deck (even those who went away and seldom come now, and even the injured ones !) and you have to add Jean-Jérôme who came with Yves, as well as Guillaume, Yvan & Barbara who came from Switzerland. On Saturday morning, some aikidokas from Vaulx-en-Velin came to join us for the Kenjutsu lesson.

So the seminar started on Saturday morning at 10:00 am with a Kenjutsu lesson during which Yves asked us to work on a series of exercises that progressively led us to enter a Shomen attack without trying to get rid of Uchidachi's blade, but, on the contrary, targeting directly the temple.

Then we started to study the Kenjutsu series, and, after a specific attention given to Shibarai, Sarin & Myukidome, the most advanced studied all the katas of the Shinto Ryo Kenjutsu series, always keeping in mind the cut on the target, while beginners worked on the two first katas of the series.

We had a little break at 01:00 pm for a picnic and then we started at 02:30 pm for the Jodo lesson, during which we first began with the same work: the cut on the target, but this time with a Shomen attack with Honte Uchi answer with the Jo. Yves asked us to work by step, as we did in the morning, before asking us to do the first three Kihons Sôtai in an adequate way (Uchidachi remaining for a short time on the spot, in order to check if Shidachi's jo reaches the target).

We then ended Kihon Sotai, before starting the study of katas. As almost all the students were in Chudan, Yves decided to focus on this series, with first a detailed work on Ichiriki & Seigan entries. Then we worked on the whole series, while Jean-Marc, who has just started again the training after a several years break, reviewed the whole Omote series.

Then we studied Ran-Aï, and to begin with, a reminder of all the targets of the Kata, and all the hits Honte Uchi & Guakute-uchi you find in it.

In the evening, everybody gathered at Yves & Nathalie for a barbecue party. Every one brought something to eat or drink, so, as usual, we had a lot to eat. And we had the great pleasure to see again Jacques & Géraldine who joined us for the party! It was really great to see them back in the Jodo group, and with the sensation that they just never left us !

The day after we met at 9:00 am, for a work mainly dedicated to advanced, with Kage & Samidare series, always working on the target (adding for Samidare the Kobo-Ichi notion). Meanwhile, others students worked on Chudan. For some of them, it was the occasion to learn new katas (Eliane completed Chudan serie on Jo side, and Carlos learnt Kasa-no-Shita no Kage)

By the end of the morning, Yves asked us to take our ken back and we worked on the last four katas of Kenjustsu series (with Kodachi) because the day before he noticed that it was those katas the students hardly memorized.

Then, it was the end, a last picnic to finish the leftovers, and then everybody went back home. We greatly thank Yves for his teaching, his energy and availability, and also all the Lyon students who committed in the seminar, cooking, registration, accommodated friends..... We can't wait until next year, a very special one, as it will already be the 10<sup>th</sup> edition.... Ho yes.....