



Russian branch European
Judo Federation
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Kazan



On the weekend of February 29 - March 1, 2020, the Russian branch of the FEJ organized the practice of SMR in Kazan, the Republic of Tatarstan.

This people SMR group was formed in 2016 and is quite active in its development. This time more than 30 participants from six cities gathered: Kazan, Zelenodolsk, Almetyevsk (these cities are not far from each other) and Saint-Petersburg and Sukhum (Republic of Abkhazia).

We studied Kihon Tandoku and Kihon Sotai. With the more experienced people we studied Chudan. We also devoted time to Kenjutsu.

Andrei Marenkov



